



WHO CAN COME TO PADS?

PADS is open to EVERYONE!! PADS is for people with disabilities – all types & all kinds & all abilities are welcome. PADS is primarily a group for adults with disabilities of all ages. Seniors, youth, and kids with disabilities are definitely welcome!! People from the community are always welcome, like:

- People providing personal assistance services
- Family members and friends
- Professionals, service providers, vendors, & elected officials

WHAT ARE PADS MEETINGS LIKE?

We always read the PADS Mission Statement. We often have a speaker on hot topics or have a video to watch & review. We go over our PADS Projects – things that we are working on in the community (THERE IS ALWAYS SOMETHING TO DO IN PADS!!). Finally, there are updates on government actions that affect people with disabilities, and updates on events & happenings of interest to people with disabilities. Lots of information is shared in PADS.



AND, we always try to do something FUN at PADS Meetings!!

PADS events and activities are held in accessible facilities. It is PADS' policy to provide reasonable ADA accommodations when requested.

PADS SPONSORS SEVERAL EVENTS AND FUN ACTIVITIES ANNUALLY

- **ANNUAL ADA CELEBRATION** – held in July at the Kernels – Veteran's Memorial Stadium– efforts are made every year to ensure that people with disabilities with few resources can participate FREE:

- Picnic
- Speeches & Unity March
- Kernel's game

- **ANNUAL PADS PICNIC** – held in September. FREE! Open to everyone!
- **ANNUAL HOLIDAY PARTY** – held in December. Everyone is invited! FREE!



TO BE ADDED TO THE MAILING LIST, OR IF YOU HAVE QUESTIONS:

Call or text Cherie Clark: [319-364-0037](tel:319-364-0037) or email: power2pwd@yahoo.com

NOTE: **REGISTRATION IS REQUIRED** for some events. To find out about PADS meetings & events, make sure you are on the PADS Mailing List or sign-up

LINN DISABILITY INFO LISTSERV is the way for you to get PADS information via email. This moderated LISTSERV also sends out other postings of interest to the Disability Community. TO SUBSCRIBE, send a blank email to: Linn_Disability_Info-subscribe@yahogroups.com

